



Return to Play Guidelines for 2020-2021

“The Ponoka Curling Centre is committed to the positive well-being of all members of the Ponoka community. The Ponoka Curling Centre will be aligning its COVID-19 Response with updated AHS Guidelines and recommendations from our sport partner associations, Curling Canada and Curling Alberta. We agree with our sport partner associations that “it is entirely possible for people to continue to curl in a manner that is physically distant and low-risk, while still enjoying the positive social and physical benefits of the sport.

Disclaimer

Given the ever-evolving information that we receive from local, provincial, and federal governments and health authorities, the contents of this document are subject to change and should not be considered medically authoritative. Updates will always be posted on our website page titled Covid-19 Response.

How We Will Help FREEZE Covid-19

- Facility Cleanliness
 - A deep clean and thorough sanitization prior to the opening of the curling season. There will be scheduled daily cleaning and disinfection of common areas and high traffic surfaces. This includes scoreboards, rocks, handrails etc.
- Masks are encouraged to be worn at all times but are not mandated. The exception will be Thursday Junior’s League. Masks will be required in the lounge and on the ice for juniors, parents and coaches.
- Symptom Attestation
 - By entering the building, you are declaring yourself COVID-19 symptom-free as per the screening checklist which is posted on the entrance door and on the clubs website.
 - Member information may be shared with Alberta Health Services should they need to do contact tracing.
- Distancing and Signage
 - Remember to keep 6 feet between yourself and fellow curlers at all times
 - Distancing markers will be placed in the ice and throughout the club
- Entrance & Exit
 - Enter through the main exterior stairwell
 - Exit the building from the East - ice level doors.
- Lounge
 - Tables & chairs will be set up to allow for social distancing
 - Plexiglass will be installed at the bar counter

Before Arriving at the Ponoka Curling Centre

- All curlers prior to the start of the season must sign a Waiver and Declaration of Compliance form. A link for completing these required form can be found in the Covid-19 Response tab on the website. If you use online registration, these will be completed online.
- If you feel unwell or have COVID related symptoms or have been in contact with someone with a confirmed case of COVID then please stay home and do not come to the Ponoka Curling Centre.
- Roster Changes: for contact tracing purposes, if a team's roster deviates from its standard roster at any time (e.g., a sub is brought in to play) then the skip must notify their league organizer of this change of roster for the game. Subs must also complete a Waiver and Declaration of Compliance. League reps will be required to add sub contact information to the Roster Change paper on the bulletin board by the tv.
- Come dressed for curling. Locker access will be limited due to occupancy in the hallway. If you can not social distance in the hall, wear a mask.
- Bring your own water bottles. Water coolers will not be available this season.
- Staggered Start times will be determined on the size of each league. Your league rep will let you know the times.

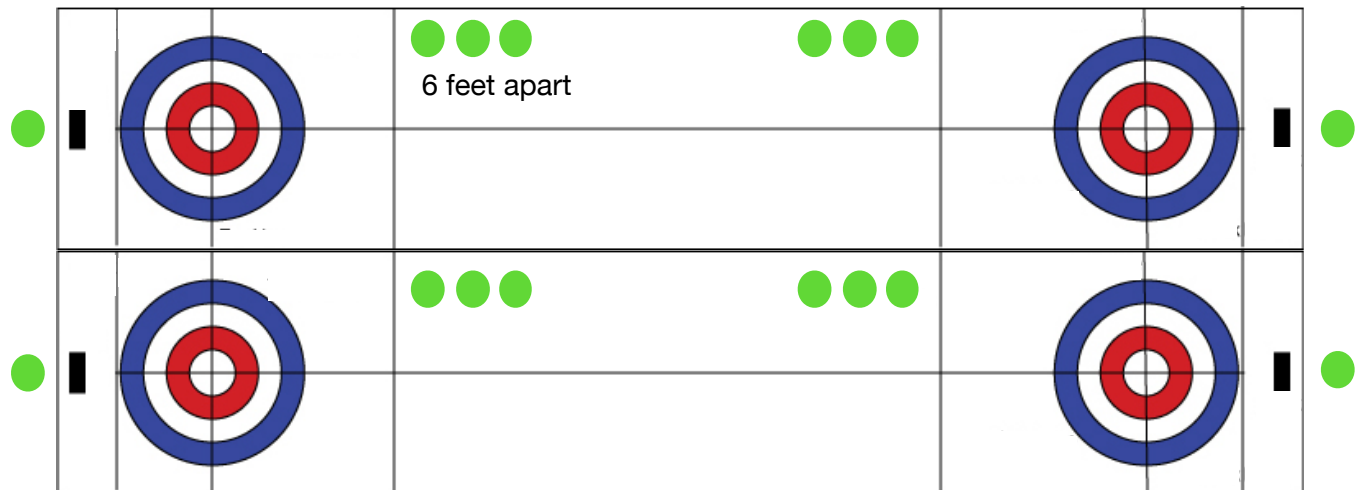
Before Your Game Begins

- Consider verbal remarks or a raise of the broom - no handshakes
- Consider rock-paper-scissors to determine last stone advantage or use the coin app on your phone.
- Determine one player from the sheet to manage the scoreboard for that game
- Prior to your game, clean your team's rocks with a disinfectant wipe

Once Your Game Begins

- Use only your 2 rocks for the entire game. To move other rocks use your foot or broom.
- Only one sweeper maximum is permitted to sweep a stone (even if you are from the same household - no exceptions)
- No 'relaying' (no sweeper taking over for another sweeper at any time)

- No one aside from the dedicated sweeper for a shot can sweep any stone (including ticks, bumps, raises). Skips sweep nothing this year!
- Sanitize before and after using the measuring device.
- On-Ice-Distancing
 - There will be dotted markings in the ice that will help to signify the standing locations for the non-delivering team and for the non-active player on the delivering team. These dotted markings will be along one dedicated side of the sheet and behind the house. One simple rule to bear in mind for on-ice distancing is as follows: *“If its not your shot, find a dot”*



Other Useful Information

- Hand Sanitizer, Disinfectant Spray & Wipes will be available throughout the building.
- Loaner Equipment: We would like to encourage you to purchase your own equipment this season. If you would like to use our equipment there will be a one time charge of \$25 per rented item for a sanitizing fee. \$25 for a broom & \$25 for a slider.
- The lounge will be open for safely seated socializing!
- Ice Rentals will be available this season under modified conditions. Curling is a safe social distancing sport and we want to welcome curlers into our facility.

- Junior Curling will proceed this fall in a modified version. We will not be offering the learn to curl this season. Curlers ages 8-14 will be put into game play and must follow the on-ice-distancing markers. The junior curlers and coaches will be asked to wear masks at all times (this includes into the curling club and on the ice, parents & siblings will need to wear masks in the lounge as well)
- Bonspiels will still run this season under modified conditions.
- Refund Policy: If there is an interruption of play during the season, refunds for games missed, due to a closure of the Club, will be as follows:
 - Administration fee of \$50 per curler will be withheld and the balance of the fees will be refunded based on prorated per game.
 - After 75% of league games have been completed, no refund will be given.
 - All refunds will be made at the completion of the season by the Ponoka Curling Centre's treasurer to all eligible players. No member requests will be required.
 - Interruptions: if the Ponoka Curling Centre is required to close temporarily because of AHS requirements then every reasonable effort will be made to ensure that make up games can be re-scheduled during the 2020-21 seasons timeframe.

Outbreak Response Protocol

- In the event of a positive COVID-19 test of a person or persons who were at the Ponoka Curling Centre, in the last 14 days, we ask that they notify us immediately so we can determine when they were at the club and notify each person they may have come into contact with. This is why daily attendance is necessary.
- The Ponoka Curling Centre will immediately contact Alberta Health Services for further guidance and assistance with contact tracing.
- All members will be notified of the positive case and the club may be closed for a certain period of time to undergo a strict cleaning and disinfecting process until we determine that it is safe to return.

We thank you for joining us this season in Ponoka. We will all need to work together to make it a good season of curling in our community.

www.ponokacurling.com

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